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| Name: SMT.SWAPNA | Reg No: 12-6SMHC19 |
| Age / Sex: 36/F | Contact No:8762173647 |
| Marital Status: ML- 19 YEARS | Date:15/6/19 |
| Occupation: HOUSEWIFE. | Dr. PJFP |
| Address:  NATIVE KANDUKURU. BLORE SINCE 10 YEARS | DIAGNOSIS- |

1. DRY COUGH SINCE 2 DAYS. OVERALL RECC COUGH. URINE ALSO PASSES WHEN GETS COUGH. GETS HEADACHE WHOLE. HEAVY AND PULLING TYPE OF PAIN.

* GETS REDDISH PHLEGM AT TIMES.
* < NIGHT. CANT BREATHE ALSO. COLD SEASON MORE. FROM CHILD HOOD SUFFERS FROM COLD.
* LSCS –DUE TO PROM. 1 BOY INTERMEDIATE.
* YELLWOISH URINATION.
* FEELS MUST GO FREQUENTLY TO URINE.
* HAIRFALL ALSO MORE. PREMATUE GREYING.
* AFTER DELIVERY WEIGHT GAIN. BEFORE SHE WAS THIN.

PAST H/O:

* PAIN ABDOMEN DURING HEAT.
* CRAMPS
* VIT D PROBLEM BEFORE.
* 7 MONTHS BACK HAD KNEE PAIN WENT TO ORTHO GAVE SOME EXERCISES. NOW BETTER BUT NOT GONE.
* WISDOM TOOTH REMOVED AS THEY GOT DECAYED.
* MANY DECAYED TOOTH CEMENTED.

FAMILY H/O:

* DAD: COLD AND BREATHLESSNESS
* BROTHER ALSO COLD AND BREATHLESSESS BUT NOT VERY SEVERE
* MOM: HEART ATTACK – DIED AT 48 YEARS. GOT OPEN HEART SURGERY. RECC ABORTIONS AFTER WHICH PATIENT WAS BORN MANY YEARS LATER.

RX:

1. SQILLA MARITIMA/ANTIM TART / BRYONIA 200 – 4-0-4 B/FOOD DISC.
2. RUB 15 – 1 TAB NIGHT B/FOOD.
3. PENTAPHOS 2-2-2.
4. PILLS 15 GRAM 4-4-4.

20/7/19: feels anus burning, eyes burning. Finger pain. 4-5 days had nose dripping runny. Headache from 3 days before periods. Cough not much. Headache gets during periods. Whole head. Skull cap. Pulling type. Cant tolerate fan also if headache is thr.

Rx:

1. Sulphur 20 – 1 dose.
2. Rub 30 – 1 tab night b/food.
3. Bryonia 1m/nat mur 200 – disc 4-0-4 b/food.
4. Pentaphos 4-0-4 b/food.